Kineret® (anakinra)

GETTING STARTED

Use this checklist to set expectations for your patient before they begin Kineret® (anakinra)

Review the basics

- Review patient's prescribed dose
- Remind patient to inject Kineret around the same time every day[1]
- Review Kineret storage requirements
- Raise awareness of the potential side effects of Kineret

Teach patient how to inject Kineret

- Supplies needed: Kineret syringe, alcohol wipes, dry gauze, sharps disposal container[1]
- Let Kineret warm to room temperature for 30 minutes before injecting[1]
- Walk patient through the steps provided in their demo kit or in the downloadable brochure on kineretrx.com, ***An introduction to Kineret***

Talk to your patient about injection site reactions (ISRs)

Explain to your patient that they may get raised red patches at the injection site. Walk them through these tips:

- Cool the site with a cold compress or ice pack for a few minutes, both before and after the injection[2]
- Don't skip the warm-up step of bringing Kineret to room temperature[1]
- Apply hydrocortisone or an antihistamine cream to the injection site[2]
- Rotate sites to avoid soreness. A diary or the Kineret injection tracker can help keep track of sites[1]
- Don't inject into skin that is red, bruised, tender, or hard[1]

Review resources

Encourage your patient to access the additional support available to them when they begin treatment. Let them know when they should call your office with questions.

- kineretrx.com
- The downloadable patient brochure, ***An introduction to Kineret***
- Kineret Welcome Kit
- KINERET® On TRACK™
- Injection video on kineretrx.com

PATIENT NAME _____ HCP NAME _____ DATE _____

INDICATIONS

Kineret® is a prescription medicine called an interleukin-1 receptor antagonist (IL-1ra) used to reduce the signs and symptoms, and slow the damage of moderate to severe active rheumatoid arthritis (RA) in people age 18 years and older when 1 or more other drugs for RA have not worked.

IMPORTANT SAFETY INFORMATION

Do not take Kineret if you are allergic to:

- proteins made from bacteria called *E.coli*. Ask your healthcare provider if you are not sure

Please see Important Safety Information on following page and full Prescribing Information at kineretrx.com.

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Do not take Kineret if you are allergic to:

- proteins made from bacteria called *E.coli*. Ask your healthcare provider if you are not sure
- anakinra or any of the ingredients in Kineret. See the end of the patient leaflet for a complete list of ingredients in Kineret.

Before you use Kineret, tell your healthcare provider if you:

- have an infection, a history of infections that keep coming back, or other problems that can increase your risk of infections
- have an allergy to rubber or latex. The inner needle cover on the prefilled syringe contains latex. Do not handle the needle cover if you are allergic to latex
- have kidney problem
- are scheduled to receive any vaccines. People using Kineret should not receive live vaccines
- are pregnant or plan to become pregnant. It is not known if Kineret will harm your unborn baby
- are breastfeeding or plan to breastfeed. It is not known if Kineret passes into your breast milk. You and your healthcare provider should decide if you will use Kineret or breastfeed

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Kineret and other medicines may affect each other and cause serious side effects. Especially tell your healthcare provider if you take certain other medicines that affect your immune system called Tumor Necrosis Factor (TNF) Blockers. Ask your healthcare provider for a list of these medicines if you are not sure.

Kineret may cause serious side effects, including:

- **serious infections.** Kineret may lower your ability to fight infections. During treatment with Kineret, call your healthcare provider right away if you get an infection, have any sign of an infection including a fever or chills, or have any open sores on your body. You may get an infection if you receive live vaccines while you use Kineret. You should not receive live vaccines while you use Kineret.
- **allergic reactions.** Stop using Kineret and call your healthcare provider or get emergency help right away if you have any of these symptoms of an allergic reaction: swelling of your face, lips, mouth or tongue; trouble breathing; wheezing; severe itching; skin rash, redness, or swelling outside of the injections site area; dizziness or fainting; fast heartbeat or pounding in your chest (tachycardia); or sweating.
- **decreased ability of your body to fight infections (immunosuppression).** It is not known if treatment with medicines that cause immunosuppression, like Kineret, affect your risk of getting cancer.
- **low white blood cell count (neutropenia).** Kineret may cause you to have a lower number of certain white cells (neutrophils). Neutrophils are important in fighting infections. You should have blood tests before starting treatment with Kineret, then monthly for 3 months. After the first 3 months you should have your blood tested every 3 months for up to 1 year.

The most common side effects of Kineret for RA include:

- Injection site skin reactions, including redness, swelling, bruising, itching, and stinging. Most injection site reactions are mild, happen early during treatment, and last about 14 to 28 days
- rheumatoid arthritis (RA) gets worse with treatment
- sore throat or runny nose
- headache
- nausea
- diarrhea
- sinus infection
- joint pain
- feeling like you have the flu
- pain in your stomach area

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects of Kineret. For more information ask your healthcare provider or pharmacist.

Please see full Prescribing Information at kineretrx.com.

REFERENCES

1. Kineret [Prescribing Information]. Stockholm, Sweden: Biovitrum AB; 2016. **2.** Kaiser C, Knight A, Nordstrom D, et al. Injection-site reactions upon Kineret (anakinra) administration: experiences and explanations. *Rheumatol Int*. 2012;32(2):295-299.

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